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# ACT OF TERROR

Eight people were killed when a suspect plowed a rented truck into a Lower Manhattan pedestrian and bike path on Tuesday afternoon. 2

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# Eight dead, nearly a dozen injured in Lower Manhattan terror attack

A 29-year-old man drove down the West Side Highway bike path, striking pedestrians and cyclists.



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Eight people were killed and 11 others were injured after a man drove a pickup truck down the West Side Highway Bike Path in lower Manhattan Tuesday afternoon in what officials said they believe is a deliberate act of terror.

Around 3:05 p.m., the suspect, identified by multiple reports as 29-year-old Sayfullo Saipov, was driving a rented Home Depot truck when he allegedly entered the bike path at Houston Street. He then sped southbound down the path, officials said, striking pedestrians and cyclists.

The driver then crashed into a school bus, injuring two adults and two children. He exited his truck wielding two fake guns, which officials later determined to be a paintball gun and a bb gun, officials said.

At that time, a police officer shot him in the abdomen and the suspect is currently being treated in a nearby hospital where he remains in custody.

"This is a very painful day in our city," Mayor Bill de Blasio said at a press conference. "Based on the information we have at the moment, this was an act of terror and a particularly cowardly act of terror aimed at innocent civilians."

The attack is being jointly investigated by NYPD and the FBI. Offi-



Investigators inspect a truck following the terror attack in Lower Manhattan. GETTY IMAGES

**"This was an act of terror and a particularly cowardly act of terror aimed at innocent civilians."**

Mayor Bill de Blasio

cials said that a statement the suspect yelled in Arabic as he got out of his truck as well as the fact that a vehicle was used to inflict harm lead them to label it a terror attack consistent with the patterns used by ISIS.

An ISIS magazine reportedly came out a few years ago suggesting car attacks as a method for terrorism, NYPD Commissioner James O'Neill said, and since then, the NYPD has worked with local truck rental businesses to talk about suspicious indicators through the Shield Program.

Six of the victims were pronounced dead at the scene, FDNY Commissioner Daniel Nigro said, and the other two victims

were transported to a hospital and pronounced dead there. Eleven people had been transported to the hospital with serious but not life-threatening injuries, he said, but officials suspected there may be more injuries determined later, as some people self-evacuated from the area.

The immediate threat was contained, officials said. There will be an increased police presence in the city, in areas like the airports and tunnels, but that's a precaution, Gov. Andrew Cuomo said, and not an indicator of any further known threats.

"We know the terrorist tactic which they've called for publicly are these lone wolves which

commit an act of terror. There's no evidence to suggest a wider plot or wider scheme, but that these are the actions of one individual who meant to cause pain and harm and probably death and the resulting terror.

"The truth is, New York is an international symbol of freedom and democracy, that's what we are and we are proud of it," Cuomo said. "That also makes us a target for those people who oppose those concepts. We've lived with this before, we've felt this pain before and we feel this pain today, but we go forward together, we go forward stronger than ever and we're not going to let them win."

Cuomo also said that those lost and their families are in his thoughts and prayers, and to New Yorkers: "Be New Yorkers and live your life and don't let them change us or deter us in any manner, shape or form."

## PATH OF CARNAGE

Just after 3 p.m., Sayfullo Saipov turned onto the bike path alongside the West Side Highway at Houston Street and drove south, striking numerous cyclists and pedestrians.

At Chambers Street, Saipov rammed the truck into a school bus.

Saipov fled the truck and was shot by an NYPD officer.

14

THE DRIVER BARRELED ALONG THE BIKE PATH FOR THE EQUIVALENT OF ABOUT 14 BLOCKS



8

PEOPLE WERE KILLED

11

PEOPLE WERE INJURED



## TWEETS ABOUT THE ATTACK

@ SenSchumer

Thanks NYPD for rapidly responding to tragic situation downtown. Worried & saddened to hear about injuries & loss of life.

@ galeabrewer

No words for the horror this one murderer has spread on what should be a joyful night for families in Manhattan. Tx to our first responders.

@ BoDietl

My deepest sympathy and prayers go out to our fellow NYers downtown. May God bless the families and individuals involved.



## TIPS FROM THE PUBLIC

The FBI and NYPD are seeking the public's assistance in the investigation into the terrorist act that occurred in Lower Manhattan Tuesday. The public is urged to share any images or videos that could assist in the investigation to the FBI link: [fbi.gov/](http://fbi.gov/)

nyctribeca.

In addition, any information that may assist in this investigation can be called in to either the FBI at 1-800-CALL-FBI or the NYPD's Crime Stoppers Hotline at 800-577-TIPS or for Spanish 1-888-57-PISTA (74782).

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Queens	Address	Date	Time
Jackson Heights Community Office	93-14 Roosevelt Avenue, 1st floor Jackson Heights, NY 11372	11/3, 11/10 11/17, 11/24	2pm–3pm
Richmond Hill Community Office	122-01 Liberty Avenue, 1st floor South Richmond Hill, NY 11419	11/8, 11/24	3pm–5pm
Bronx	Address	Date	Time
Fordham Community Office	412 E Fordham Road Bronx, NY 10458	11/1, 11/15 11/29	10am–11am
E. Tremont Community Office	774 E Tremont Avenue, 1st floor Bronx, NY 10460	11/9	10am–11am
Long Island (Nassau County)	Address	Date	Time
Hempstead Community Office	50 Clinton Street, Suite 110A Hempstead, NY 11550	11/1, 11/15, 11/29	6:30pm–7:30pm
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# Are the property values near city cemeteries scary?

New data indicates those finally quiet neighbors of yours could actually be a benefit when it comes to selling your home.



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Living near a cemetery certainly, has its benefits and drawbacks. For one, you finally have those quiet neighbors you've been longing for. But there's also the chance said neighbors can rise from the dead and, well, you know.

Of course, being that Tuesday was Halloween and all, we're just josh-

ing you on the latter part, but when it comes to living near a cemetery, are there real, live disadvantages when it's time to sell?

Not really, according to online real estate investment marketplace Sharestates.

The Great Neck-based firm just released data points that looked at return on investment, after-repair value, demand and median sales prices near some of the city's largest cemeteries and determined that New Yorkers are not all that frightened to buy and live near the dearly departed. In fact, in some neighborhoods with cemeteries in Brooklyn, Queens, Staten Island and the Bronx, they

might even be — ahem — *dying* to purchase a home nearby.

For example, the demand for homes near The Evergreens Cemetery in Brooklyn has jumped 200 percent in Brownsville, 500 percent in Crown Heights and a whopping 800 percent in Bushwick and Ridgewood between 2016 and 2017. Brownsville has also seen a more than 95 percent increase in ROI, while Crown Heights saw more than 90 percent. Bushwick and Ridgewood had nearly 62 percent.

Though demand has dropped near Greenwood Cemetery in Park Slope year-over-year, it has increased 300 percent in Red Hook. ROI



Data from real estate investment firm Sharestates found homebuyers are, ahem, dying to purchase near The Evergreens Cemetery in Brooklyn as demand grew between 200 to 800 percent in nearby neighborhoods. WIKIMEDIA

in those two neighborhoods are nearly 62 percent and 45 percent, respectively.

Brooklyn's lowest ROI can be found near Holy Cross Cemetery in Prospect Lefferts Gardens and Prospect Park South and Flatbush Ditmas Park (19 percent and 15 percent), but demand is up 200 and 300 percent, respectively in those nabes.

Richmond Hills,

Queens, saw demand rise 200 percent this year near Maple Grove Cemetery and Cypress Hills Cemetery, with a ROI of 64 percent.

In the Bronx, Throngs Neck saw a nearly 28 percent ROI near St. Raymond New Cemetery and a 100 percent rise in demand.

Though Todd Hill, Staten Island, had that same rise in demand near Moravian Cem-

## 200%

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## In Russia investigation, Mueller's first charges are a show of force

President Donald Trump brushed off the first indictments in the probe of his campaign's ties to Russian election meddling, but the charges sent a clear signal to the White House and other Trump associates: Robert Mueller means business.

By going after Trump's campaign manager and another aide on money-laundering charges and securing a guilty plea from a third campaign adviser, the special prosecutor showed he would delve deeply into the past in search of criminal activity and use his broad powers aggressively.

That left some Trump associates worried about what or whom Mueller would target next, despite the White House's dismissal of the developments as unrelated to the president.

"They're flexing their muscles for anybody that they approach in this investigation and letting them know we really mean it," said former



President Trump's former campaign manager Paul Manafort departs U.S. District Court on Oct. 30, 2017. GETTY IMAGES

federal prosecutor Patrick Cotter. "So if we come to you, you should talk to us. Manafort didn't and look what happened to him."

Manafort and Rick Gates are charged with money laundering, tax fraud, conspiracy to defraud the United States, and other counts. They pleaded not guilty on Monday.

Mueller was appointed by U.S. Deputy Attorney General Rod Rosenstein in May after Trump fired FBI Director James Comey, who had led an investigation into whether the Trump

campaign colluded with Russia to influence the 2016 election.

Mueller was given a mandate to probe potential collusion and "any matters that arose or may arise directly from the investigation."

Trump has denied any collusion with Russia and at times described the investigation as a "hoax" and a "witch hunt."

Russia has denied interfering with the 2016 election.

With the first indictments, Mueller showed he was not afraid to use his powers, and Trump officials noticed.

"One thing I'm worried about in a bigger scale is that Rosenstein, by giving Mueller this wide berth, has created this monster," said a former official who spoke on condition of anonymity.

A former Trump campaign adviser fretted that the probe could, as a result, touch on Trump's businesses, too.

REUTERS

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# #ShopBleecker hopes to bring holiday shoppers to historic downtown destination

Bleecker Street has gone from a retail playground to having more than 30 empty storefronts. This monthlong initiative hopes to change that.



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Bleecker Street is one of New York City's most historic and eclectic arteries. It housed clubs where Bob Dylan and

Jimi Hendrix cut their teeth, inspired beatniks and, in the early 2000s, became what The New York Times called a "fashion theme park" as some of the industry's heaviest hitters opened retail shops.

Today, however, is a different story as many of those stores that made Bleecker a bustling hotspot have shuttered, thanks in part to online shopping and drastically rising rents. Across its 20 blocks, the

historic street now has a vacancy rate of 18.4 percent, or 38 storefronts, according to The Greenwich Village Chelsea Chamber of Commerce (GVCCC).

To combat that, especially now that holiday shopping season is upon us, the GVCCC today is launching #ShopBleecker, a monthlong initiative to drive foot traffic and remind New Yorkers that Bleecker Street remains a destination.

"The history of this street, it has had a decrease in foot traffic, but there's still a lot to see there," said Maria Diaz, the GVCCC's executive director. "The past year, it's been getting a bum rap that people think there's nothing to do on Bleecker, but there's still so much you can do. There's new stores coming on, but they're adding to the history and culture."

In-store events, giveaways, raffles and more are part of #ShopBleecker, which has at least 60 participating businesses along Bleecker and its surrounding streets.

One of them is Murray's Cheese, which has had three locations within 60 feet of each other since opening in 1940.

*"... there's still so much you can do. There's new stores coming on, but they're adding to the history and culture."*

Maria Diaz

"It's fantastic, the whole concept," Adam Goddu, Murray's education and events manager, said of #ShopBleecker. "It's been very hard on us because the central identity for Murray's is this neighborhood and just seeing all these empty windows and storefronts — a little revitalization for the area is really important."

Murray's will be offering demos featuring spicy honey-makers, charcuterie producers and more as part of #ShopBleecker, which Goddu hopes to see last.

"I think it's important to get the folks down here," he said. "With so many places closing, it has lost its destination feel, but there's still some fantastic businesses kicking around and a lot of history, which I think is really important."

For more info on #ShopBleecker, including its one-day shopping event on Nov. 18, visit [shopbleecker.nyc](http://shopbleecker.nyc).

## 60

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Connecting the East and West Village, Bleecker Street is one of New York City's most historic and eclectic arteries. TYLER ROARTY

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# How four tri-state cities bidding for Amazon's HQ2 fare with mass transit

A transit advocate weighs in on how New York City and nearby locales stack up to Amazon's criteria.



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With Amazon now tasked with sifting through 238 proposals for its second North American headquarters, transit advocates took a closer look at how four tri-state bidding cities match up when it comes to mass transit,

one of the online retailer's criteria for HQ2.

Released Wednesday, a study titled "Primed and Ready?" from the Tri-State Transportation Campaign (TSTC) focuses on New York City; Newark; Hartford, Connecticut;

and Philadelphia/Camden, New Jersey.

"Each does present a pretty decent case, and that's why we picked them," TSTC Executive Director Nick Sifuentes told Metro. "The Amazon bid is a great opportunity to

talk about public transit and the need for public transit from an economic perspective. It's an opportunity to shift the conversation to say public transit is one of the best things you can do to position your city to attract this kind of worker."

In addition to investing more than \$5 billion in the winning city, Amazon's HQ2 is expected to create up to 50,000 jobs.

Here's the good — and the bad — TSTC found when it comes to possibly moving those new people around these four cities.

## NEW YORK CITY

**Pro:** "When it comes to public transit, New York has an incredibly strong bid," Sifuentes said. "We've got the subway and bus system, the Long Island Rail Road, PATH, Metro-North and even future projects like the BQX that could be helpful."

**Con:** "The fundamental challenge is the underfunding of the subway and bus system. That is a huge issue — it's tough for a company to move to New York when the subway system is under immense strain," he said. "I think it makes New York borderline uncompetitive."

## NEWARK

**Pro:** "You've got, in theory, one of the best transportation networks out there, with an airport nearby, very immediate connections to highways, the port, light rail and buses," Sifuentes said.

**Con:** "New Jersey Transit is tremendously underfunded, especially on the operations side,"

he said. "The fundamental irony of [Gov. Chris] Christie supporting Newark's bid is he's the one responsible for all the challenges, failing to do Gateway and failing to fund NJ Transit — the things that could potentially do Newark good."

## PHILADELPHIA/ CAMDEN, NEW JERSEY

**Pro:** "It is the existence of a pretty dense and somewhat interconnected network of light rail and bus networks," Sifuentes said.

**Con:** "The largest challenge there is NJ Transit underfunding and making a system that's interconnected to work well with the other players — SEPTA, PATCO, NJ Transit — there's a lot of different cities operating there, so if they can streamline use of the systems, that makes those two competitive," he said.

## HARTFORD, CONNECTICUT

**Pro:** "We have the development of a real bus network that's actually going to be able to move significant numbers of people," Sifuentes said. "When you do bus rapid transit right — with bus lanes, transit signal priority, all that good stuff — you're actually able to move people pretty rapidly."

**Con:** "The biggest challenge is Hartford has traditionally been a car-dependent city, and the idea of bringing in 50,000 people that are car-dependent is something that would be ultimately choking to Hartford's growth," he countered.

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Nick Sifuentes, executive director of Tri-State Transportation Campaign, weighs in on if New York City fulfills Amazon's HQ2 mass transit criteria. **PROVIDED**



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			2 Persons	\$15,532 – \$22,920	1 BEDROOM	\$882	36	1 Person	\$32,195 – \$40,080
2 BEDROOM	\$482	7	2 Persons	\$18,515 – \$22,920				2 Persons	\$32,195 – \$45,840
			3 Persons	\$18,515 – \$25,770	2 BEDROOM	\$1,065	43	2 Persons	\$38,503 – \$45,840
			4 Persons	\$18,515 – \$28,620				3 Persons	\$38,503 – \$51,540
3 BEDROOM	\$551	1	3 Persons	\$21,463 – \$25,770				4 Persons	\$38,503 – \$57,240
			4 Persons	\$21,463 – \$28,620	3 BEDROOM	\$1,224	8	3 Persons	\$44,538 – \$51,540
			5 Persons	\$21,463 – \$30,930				4 Persons	\$44,538 – \$57,240
			6 Persons	\$21,463 – \$33,210				5 Persons	\$44,538 – \$61,860
								6 Persons	\$44,538 – \$66,420

40% AREA MEDIAN INCOME (AMI) UNITS					100% AREA MEDIAN INCOME (AMI) UNITS				
Unit Size	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum – Maximum <sup>4</sup>	Unit Size	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum – Maximum <sup>4</sup>
STUDIO	\$519	1	1 Person	\$19,680 – \$26,720	STUDIO	\$996	2	1 Person	\$36,035 – \$66,800
1 BEDROOM	\$558	9	1 Person	\$21,086 – \$26,720	1 BEDROOM	\$1,254	18	1 Person	\$44,949 – \$66,800
			2 Persons	\$21,086 – \$30,560				2 Persons	\$44,949 – \$76,400
2 BEDROOM	\$676	11	2 Persons	\$25,166 – \$30,560	2 BEDROOM	\$1,511	23	2 Persons	\$53,795 – \$76,400
			3 Persons	\$25,166 – \$34,360				3 Persons	\$53,795 – \$85,900
			4 Persons	\$25,166 – \$38,160	3 BEDROOM	\$1,740	4	4 Persons	\$53,795 – \$95,400
3 BEDROOM	\$775	2	3 Persons	\$29,143 – \$34,360				3 Persons	\$62,229 – \$85,900
			4 Persons	\$29,143 – \$38,160				4 Persons	\$62,229 – \$95,400
			5 Persons	\$29,143 – \$41,240				5 Persons	\$62,229 – \$103,100
			6 Persons	\$29,143 – \$44,280				6 Persons	\$62,229 – \$110,700

50% AREA MEDIAN INCOME (AMI) UNITS				
Unit Size	Monthly Rent <sup>1</sup>	Units Available	Household Size <sup>2</sup>	Annual Household Income <sup>3</sup> Minimum – Maximum <sup>4</sup>
STUDIO	\$670	1	1 Person	\$24,858 – \$33,400
1 BEDROOM	\$720	9	1 Person	\$26,640 – \$33,400
			2 Persons	\$26,640 – \$38,200
2 BEDROOM	\$870	11	2 Persons	\$31,818 – \$38,200
			3 Persons	\$31,818 – \$42,950
			4 Persons	\$31,818 – \$47,700
3 BEDROOM	\$1,000	2	3 Persons	\$36,858 – \$42,950
			4 Persons	\$36,858 – \$47,700
			5 Persons	\$36,858 – \$51,550
			6 Persons	\$36,858 – \$55,350

<sup>1</sup> Tenant pays electricity.

<sup>2</sup> Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

<sup>3</sup> Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

<sup>4</sup> Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

#### How Do You Apply?

Apply online or through mail. To apply online, please go to [nyc.gov/housingconnect](http://nyc.gov/housingconnect). To request an application by mail, send a self-addressed envelope to: **Elton Crossing Apartments: 353 3rd Avenue, Suite 253, New York, NY 10010**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

#### When is the Deadline?

Applications must be postmarked or submitted online no later than **December 28, 2017** late applications will not be considered.

#### What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

#### Español

Presente una solicitud en línea en [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a **Elton Crossing Apartments: 353 3rd Avenue, Suite 253, New York, NY 10010**. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **28 de diciembre 2017**.

#### 한국어

방문 [nyc.gov/housingconnect](http://nyc.gov/housingconnect) 在线申请。如要获取本广告及书面申请表的简体中文版，请将您的回邮信封寄送至：**Elton Crossing Apartments: 353 3rd Avenue, Suite 253, New York, NY 10010**。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请**2017年12月28日**。

#### Русский

Чтобы подать заявление через интернет, зайдите на сайт: [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **Elton Crossing Apartments: 353 3rd Avenue, Suite 253, New York, NY 10010**. На обратной стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **28 декабря 2017**.

#### 한국어

[nyc.gov/housingconnect](http://nyc.gov/housingconnect) 에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **Elton Crossing Apartments: 353 3rd Avenue, Suite 253, New York, NY 10010** 으로 보내주세요. 봉투 뒷면에 "KOREAN" 이라고 영어로 적어주세요. **2017년12월28일** 까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

#### Kreyòl Ayisyen

Aplike sou entènèt sou sitwèb [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlop ki gen adrès pou retounen li nan: **Elton Crossing Apartments: 353 3rd Avenue, Suite 253, New York, NY 10010** Nan dèyè anvlop la, ekri mo "HAITIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **desanm 28, 2017**.

#### العربية

تقدم طلب عن طريق الإنترنت على الموقع الإلكتروني [nyc.gov/housingconnect](http://nyc.gov/housingconnect) للحصول على ترجمة باللغة العربية لهذا الإعلان ونموذج الطلب الورقي، أرسل مظروف يحمل اسمك وعنوانك إلى **Elton Crossing Apartments: New York, NY 10010** على الجهة الخلفية. على الوجهة الخلفية 353 3<sup>rd</sup> Avenue, Suite 253، اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلبات عن طريق الإنترنت أو ختمها بختم البريد قبل **28 ديسمبر، 2017**.

Governor Andrew Cuomo • Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer • HDC President Eric Enderlin



Homes and Community Renewal

# **Can This Medical Technology Possibly Eliminate Or**

## ***The Advanced Medical Treatment Every Back & Neck Pain Sufferer Needs To Know***

**NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.**

**Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.**

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

### **Are there any better options?**

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

*An option that a lot of back and neck pain sufferers may have never heard of before.*

Before we get into these

treatments, please understand this...

*NYC Pain MD* is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

**Know this fact:** There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

**Radiofrequency Neurotomy** "Radiofrequency Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease

pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

### **What Results Can You Expect?**

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

### **How Long Do The Results Last?**

This procedure "impairs" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months.... 18 months for some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" . . . it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be

able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

### **Is It Safe?**

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and *is not surgical*.

### **Who Should Try This Treatment?**

RF should be considered after other treatments, such as anti-inflammatory pain medication and physical therapy do not offer good enough results.

***RF has also been found effective AFTER back surgery when patient's still feel pain.***

*The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.*

### **What To Do Next If You Are In Pain And The "X" Factor**

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

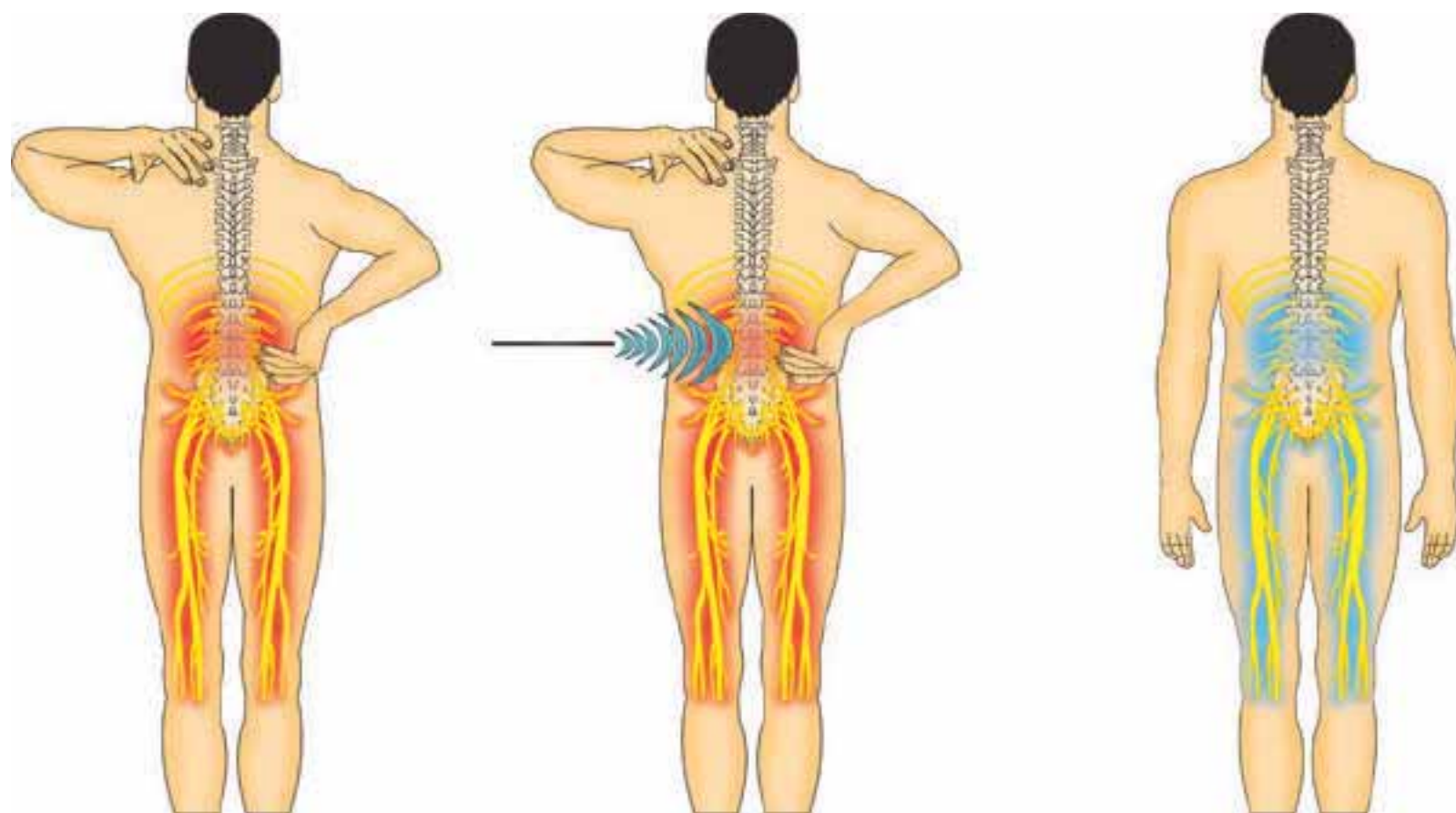
Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

### **Major Savings In Time And Costs Of Care?**

*c For Promising Back Pain Treatment*

**• Greatly Reduce Even The Most Severe Back Pain...**  
*w - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed*

## **Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain**



**Science rescues back & neck pain sufferers?:** Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

*NYC Pain MD's* method allows you to avoid expensive hospital or out patient surgery-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the *NYC Pain MD* treatments can be done in our in-office procedure suites saving you stress, time and dollars. *NYC Pain MD* believes this

additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

### **Your Invitation**

*NYC Pain MD* offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the cutting-

edge treatments offered at *NYC Pain MD*. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."

The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.

This screening is at no cost and

no obligation.

Many of the treatments offered are covered by many insurance plans and traditional medicare.

Call 877-503-8540 for your free screening and find out if you can get out of pain today

**NYC PAIN MD**  
"Non Surgical Medical Relief For Spine & Joint Pain"

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# It's Metro Magic time! Our eighth annual toy drive launches today

Metro makes it easy  
to donate with quick  
links to toy wish  
lists at Metro.us.



MORGAN ROUSSEAU  
@metromorgan  
morgan@metro.us



Josia DuBose, 4, plays with toys donated by Metro Magic. NICOLAUS CZARNECKI/METRO

As we enter the season  
of giving, Metro asks that  
you donate to the Metro  
Magic holiday toy drive  
during the 2017 season to  
help underprivileged children  
in your community.

This year is the eighth  
anniversary of the toy  
drive, which was renamed in  
memory of Tony Metcalf,  
Metro's longest-serving  
editor-in-chief, who  
passed away in 2013.

Metro has a wish list  
that readers can access by  
going to the links listed at  
Metro.us. Gifts range from  
under \$5 and up.

Toys are delivered to

our Metro office through  
the months of November  
and December then distributed  
to local charities that  
serve underprivileged  
children in those cities.

If you wish to donate,  
you can choose the toys  
and pay online using a secure  
payment system, and your  
gifts, along with your name  
attached, will be delivered  
to Metro's office.

Through the rest of  
November and much of  
December, in print and  
at [www.metro.us](http://www.metro.us), we will  
remind readers to donate.

Metro thanks readers  
for remembering the  
children who will spend  
the holidays in shelters or  
who may not have presents  
to open. One small gift  
can make a difference in  
a little one's holiday.




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BY NOVEMBER 13, 2017, FOR TUESDAY & THURSDAY CLASS AND  
NOVEMBER 17, 2017, FOR SATURDAY CLASS \*  
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**TUESDAY WORKSHOPS: 6:30PM - 8:00PM**  
DATES: November 14th & 16th  
LOCATION: The Community Room at Ortiz-Wittenberg  
171 East 106th Street Room A

**OR**

**SATURDAY WORKSHOP: 10AM - 5PM**  
DATE: November 18th  
LOCATION: The Community Room at Ortiz-Wittenberg  
171 East 106th Street Room A



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- Round-trip air transportation for two (2) to Daytona Beach, Florida
- A six day mid-size rental car



Enter today, win tomorrow!  
[metro.us/winstuff](http://metro.us/winstuff)

# A deadly delicious way to use leftover Halloween candy from Adam Richman

So good, it'll haunt your dreams.



LINNEA ZIELINSKI  
@MetroNewYork  
letters@metro.us

Adam Richman wants you to know that there's

a better way to enjoy that Halloween candy than straight from the wrapper.

Metro talked to Adam Richman, TV personality, culinary traveler and author of "Straight Up Tasty," about how everything from gummy bears

to Mars bars, Smarties to Snickers, can be repurposed into recipes well worth saving some leftover Halloween candy for.

Although it might be the hardest to save, Richman says chocolate is his favorite leftover Hallow-

een candy to transform. "It's versatile and can be made savory or can remain sweet," he said.

And he backed that up with an exclusive mole recipe for Metro, which uses Hershey's minis to create a savory supper.

You'll transport your taste buds in a Latin adventure with this sauce that can be drizzled on everything from veggies and tofu to chicken and steak.

Check out the savory recipes Richman created exclusively for Metro online at Metro.us.

stir continuously.

If mixture starts to clump or seize at all, add in chicken stock or canned chicken broth a spoonful at a time to thin it out. When the mixture is smooth, stir in chopped pumpkin seeds.

When the sauce is combined, you can use your homemade mole sauce with slices of chicken breast, shrimp, chunks of firm white fleshed fish, or even portobello mushrooms. Put the protein of your choice into the sauce — taking care not to overload the pan — and simmer till the protein or vegetables are cooked through. You can also pour into a container and store in fridge.

## INSTRUCTIONS

Ahead of time, take Mr. Goodbar miniatures and dark chocolate miniatures and place them in the freezer until frozen solid.

Preheat oven to 300°F. Either using raw, unseasoned store-bought seeds or removing seeds from a fresh pumpkin, wash and clean them. Pat the seeds dry, toss in the tablespoon of olive oil and melted butter and toast them on a sheet pan in the oven for 45 to 50 minutes. Let cool.

Once the pumpkin seeds are cooled, chop them up. Do not chop too fine. In a saucepan, heat enough olive oil to cover the bottom of the pan by roughly a quarter of an inch. You may not need to use all of the oil depending upon what type of chile you are using or the size of your pan.

When the oil is hot, add in the crushed garlic cloves, yellow onion, cumin, coriander, chopped dried chile, and chopped red bell pepper. Season with salt and cracked black pepper. Stir thoroughly for approximately seven minutes.

When dried chile is moist and wilted and the onions are translucent, reduce heat to low. While the sauce is simmering, take the frozen chocolate bars, unwrap, and blitz thoroughly in food processor. Add nutty chocolate mixture to pan and

## INGREDIENTS

- 7-9 Mr. Goodbar miniatures (Tip: For a less rich, more spicy and bittersweet type of chocolate flavor, switch out up to three of the Mr. Goodbar miniatures for the same amount of Special Dark miniatures)
- 2 Hershey's Special Dark miniatures
- ¾ cup raw pumpkin seeds
- ½ cup and 1 tablespoon olive oil
- 1½ tablespoons butter, melted
- 4 garlic cloves, crushed
- ½ yellow onion, chopped finely
- ¼ teaspoon cumin
- ¼ teaspoon coriander
- 1 dried pasilla chile or chile de arbol, chopped finely (Tip: If not available, canned chipotle is a good alternative)
- 1 red bell pepper
- 1 - 1½ cup chicken stock or canned chicken broth
- Salt
- Black pepper

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Celebrity chef Adam Richman created an exclusive recipe for Metro. GETTY IMAGES

## A-Rod won over J.Lo with a sext

Jennifer Lopez and Alex Rodriguez are still together. And now, J to the L-O is admitting that the thing that really brought them together wasn't a cobb salad, but a sext.

Apparently, Rodriguez wasn't even sure if the late-night rendezvous they were having were dates. That Rodriguez isn't the brightest sometimes, is he? "Maybe we were seeing each other at night because of her work schedule." OK, my dude.

Then, on one special night, Rodriguez decided to up his game. "She told me around the third or fourth inning that she was single," he says. "I had to get up and go readjust my thoughts. I went to the bathroom and got enough courage



What a beautiful, thirsty pair.

to send her a text."

That text? It said, "You look sexy AF." Rodriguez is a regular Rainer Maria Rilke, y'all! "And then it took a turn," Lopez admits. Oh, dear.

## Bette Midler does not approve

Bette Midler, as you may know, is a national treasure. So when she predicts that the "Hocus Pocus" remake will be cheap, you nod your head and say, "Yeah, actually, it will be."

At Midler's annual Hulaween bash — benefiting the New York Restoration project, which



This lady is a national treasure.

Midler founded in 1995 — the "Hello Dolly" star had nothing but not-so-kind words to say about reboot, which is now in production.

"I know it's cheap. It's gonna be cheap. ... I'm not sure what they're doing to do with my character," she said, according to Vanity Fair. "My character is very, very broad, and I don't know who they're going to find to play that." That's right, Midler. Nothing compares 2 u.

Can't blame her. After having watched the original "Hocus Pocus" mere days ago, it's pretty clear that we don't need a remake because the original is perfect. Hollywood, stop ruining our childhoods, please, thank you.

the word

## Don't blame the Biebs

Monday afternoon, news broke that Selena Gomez and The Weeknd had broken up after a mere 10 PDA-filled months together. Just a day before, Gomez was spotted hanging out with ex-boyfriend Justin Bieber. Is it a conspiracy, or a love triangle that nobody asked for!?

We're going to go with the former. Sources insisted to People that distance played a role in Gomez's split from The Weeknd. But

then again, an unnamed source for the "Hands to Myself" singer's

family told TMZ that Bieber is the worst, saying "Justin is a vile human and will never be accepted by us." Zamn, zaddy!

Meanwhile, Us Weekly thinks that Gomez is considering giving Bieber a 137th chance, with a source describing the situation as a "heartstring type of thing," whatever the eff that means.

So, obviously this whole thing is undeniably a hot mess and we'll keep hearing about it until, hmm, the end of time, maybe? Lucky us.



Ughhhhhhhhhhh.

## Harvey Weinstein's delusion

Harvey Weinstein — disgraced producer and alleged serial rapist — has apparently been telling his friends that there's a bigger reason he's been drowning in a sea of allegations. And that's because he's meant to change the world. Excuse us while we vomit.

Sources tell Page Six that Weinstein considers himself a savior, which, ew. Apparently, the 65-year-old has told his um, confidants that "he was born to take the fall for his behavior in order to 'change the world,' whatever that means. "He is resigned to his punishment — as a martyr for social change."

A rep for Weinstein denies that Weinstein has an obvious, weird complex, saying "That's absurd." But is it any more absurd than Weinstein thinking he could get away with years of alleged sexual assault? Methinks no.



No comment.  
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# 'Arrow' star Rick Gonzalez on why Barack Obama is a superhero

"Arrow" airs Thursdays  
at 9 p.m. on the CW.  
WARNER BROS./CW



"He is the  
ultimate hero."

MATT JUUL  
@MetroNewYork  
letters@metro.us

If you look up to the sky, you may see a bird or a plane, but you definitely won't see Superman.

Despite Hollywood's obsession with all things superheroes, caped crusaders and men of steel remain pure works of fiction, unless you happen to walk into a comic-book convention. Supervillains, on the other hand, are quite real. Lex Luthor and the Legion of Doom look like schoolyard bullies compared to all the heinous acts committed by iron-fisted dictators, ma-



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niacal billionaires and shadowy military forces over the decades.

While super-powered vigilantes aren't taking to the streets, that doesn't mean the world is devoid of beacons of hope. For "Arrow" star Rick Gonzalez, world leaders and even everyday people can be heroes, especially those who've overcome an immense amount of adversity in their lives.

The actor tells Metro that he thinks of Barack Obama as a superhero because of the way he led the nation in the face of opposition.

"He is the ultimate hero," Gonzalez says. "The dignity, strength and ability to run the country the way he did for eight years, and the ability to become president prior to that, understanding that no one in Capitol Hill wanted to see a black man president ... that, to me, is a real-world superhero."

Although the Justice League can save the day only on the big screen, the world of comic-book

heroes can affect society in other ways, inspiring fans to see the best in themselves and others. According to Gonzalez, who plays the vigilante Wild Dog, they can also speak truth to power by giving creators a platform to tackle serious issues.



Rick Gonzalez  
GETTY IMAGES

"If we're going to do a comic-book TV show, then we still can't be afraid to touch the layer of truth that's happening in our world and even go to the past and revisit some of those ugly moments that we might not be comfortable speaking about," Gonzalez says. "We can

use art to open up a discussion, heal, help and just have a dialogue."

It comes as no surprise then that "Arrow" and its sister superhero programs will soon face an enemy that's apparently resurfaced in the real world in their cross-over episodes. Supergirl, Green Arrow, Flash, Wild Dog and the rest of the gang will take on Nazi dopplegangers from another universe, which wouldn't seem like such a timely conflict if it weren't for the surge of neo-Nazism in 2017.

The Brooklyn native believes that the television event is extremely relevant and mirrors the struggles happening today.

"There's so many different factions trying to impart their ideals onto others, and there's no inclusion happening," Gonzalez says. "That's the general idea when we're talking about superheroes and supervillains, two sides trying to fight for their ideals. Ultimately, we're taking that idea and pushing it to the boundaries."



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# Let the holidays be fun again with 'A Bad Moms Christmas'

"I feel like a giant stress ball from November to New Years," says you and me both.

**GREGORY WAKEMAN**  
@MetroNewYork  
gregory.wakeman@metro.us

The Halloween candy's dwindled down to just the circus peanuts and candy corn, which means ... it's officially (gasp!) end-of-the-year family holiday season. So what better way to enter the most trying/rewarding part of the year than with a bunch of bad moms shaking up tradition.

After the huge success of the first "Bad Moms" film in July of 2016, Mila Kunis, Kristen Bell and Kathryn Hahn reunite to highlight the particular burdens of carrying a family through Christmas while dragging the extended family along. Metro spoke with Susan



Susan Sarandon and Kathryn Hahn as mother and daughter. **STX FILMS**

Sarandon, who accepted the role of Hahn's mom, after receiving a handwritten fan note from the comic actress.

"The offer first came in a letter from Kathryn, begging me to do the part, and saying how much she wanted to work with me," says Sarandon. "And I'm a huge fan of hers. I've gotten letters before from people asking me to be part of their project, and it's certainly an effective way of doing it, but not as effective if it weren't for the fact that I adore her work."

The two clicked, and scenes with a sexy Santa have never been so funny. "I was always worried that I might go too far and chew up the scenery and it might

have been hard to watch," continues Sarandon. "But I think you can't give into that. You have to give it your all and not worry about that. Then at the end of a take you're just like, 'Really, I fell off a bar dancing with a bunch

of guys. Are you serious? Did I just do that? Did I just lick his nipple?"

And here we thought you were just meant to leave a plate of cookies.

On her co-stars — the moms of the original set of moms — Sarandon says: "I just loved watching the other girls do their thing. Christine Baranski (who plays the mother of Mila Kunis) is just f—g brilliant, and what Cheryl Hines (mom to Kristen Bell) did just grew and grew and grew. I think that's very, very important. Because the audience can sense it when you're having a good time, and they're willing to suspend disbelief in some of the most exaggerated plot lines."

"A Bad Moms Christmas" is out in cinemas from Wednesday, Nov. 1.



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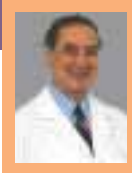


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Manafort purchased 377 Union St., a Park Slope brownstone, using money from offshore accounts.  
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Manafort rented out his SoHo condo at 29 Howard Street on Airbnb and "took advantage of the beneficial tax consequences of owning this rental property," according to the special counsel's filing. STREET EASY

home

# The NYC real estate that helped indict Manafort

Check out the Brooklyn townhouse and SoHo condo that the special counsel alleges hid funds.

TheRealDeal.com is a daily blog and monthly magazine covering real estate in the New York metro area.

**THE REAL DEAL**

Special Counsel Robert Mueller released the first indictments in the Trump-Russian collusion investigation Monday, and those charges went to former campaign manager Paul Manafort.

The 12-count indictment alleges a scheme by Manafort and his business associate Rick Gates to evade taxes on millions of dollars they earned as lobbyists and consultants for Ukrainian officials. And much of that money, documents filed in the indictment show, went into New York real estate.

From 2006 to 2016, Manafort and Gates wired more than \$21 million into the United States from offshore accounts, all income on which they

paid no federal income tax, according to the indictment.

Manafort and Gates, through a series of Cyprus and Grenadines-based accounts, wired more than \$5.4 million to an unnamed home-improvement company in the Hamptons. Another \$656,000 was wired to a separate landscaping business, also in the Hamptons.

Then there are the two New York City homes Manafort bought using offshore accounts. One, a brownstone at 377 Union Street in Brooklyn, is the subject of a separate money laundering investigation in New York State and the other is a condominium at 29 Howard Street in SoHo. The wires for those purchases totaled \$4.5 million were also allegedly not reported on

Manafort's tax return.

In 2015 and 2016, however, Manafort rented out his 29 Howard Street apartment on Airbnb and "took advantage of the beneficial tax consequences of owning this rental property," according to the special counsel's filing.

At the Union Street townhouse, Manafort is alleged to have fraudulently used funds from "construction loans" he obtained in order to renovate the property, taking hundreds of thousands of dollars from the \$5 million debt to make a

down payment on a property in California. He also wrote his accountant, explaining that the loans would allow him to pay off one of his other existing mortgages "in full," the indictment says.

On Monday, the Daily Beast reported that Manafort has accelerated renovation work in just the last two weeks, in what was perhaps an attempt to show that money was being spent on construction at 377 Union Street. Department of Buildings records show Manafort obtained a permit for plumbing work Oct. 24.

The real estate deals help lay out a scheme that prosecutors say helped hide foreign bank accounts, launder money for illegal purposes and mislead federal officials about the nature of Manafort and Gates' consulting work for president Viktor Yanukovich and the pro-

Russian Party of Regions.

If Manafort and Gates are convicted, they would be forced to surrender the properties

involved in the alleged scheme, which also include homes in Arlington, Virginia, and Long Island.



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# 3 Easy fall decorating ideas

These autumnal DIYs are so simple, you might actually do them.



**KATE MOONEY**  
@yatinbrooklyn  
kate.mooney@metro.us

Put your skeletons back in the closet and take down the cobwebs, because spooky time is over, and now it's decorative-gourd season, motherf@&#-rs. Sure, go ahead and buy out all the squash and pumpkins at Trader Joe's and plopp them atop every

surface in your house. Or, if you don't want to go over-gourd, but you're still into, like, leaves and acorns and other autumnal accoutrements, behold these easy DIY projects that will infuse just the right amount of basic fall-dom into your home.



INSTAGRAM/@SHOPIELLYBEANS

### Painted acorns

This is a fun one because you get to do your best squirrel impression and go collect a bunch of acorns. Soak the little nuggets in a bowl of water to get the dirt off. Then, grab some acrylic paint (or, how about old nail polish you never use?) in whichever colors you fancy and using brushes from your local craft store, apply. Display the colorful goodies in a mason jar, bowl, clear vase, etc. This is an incredibly easy and soothing craft project, great to do with kiddos or just while you're bored watching a Netflix show you don't like all that much.



INSTAGRAM/@LITTLEAWAGON

### Leaf garland

In the city, fallen leaves get trampled and dirty pretty quickly. But if you're off on a daytrip peeping some fall foliage, bring some back with you and create a leaf garland. If you can't find any decent leaves, you can totally buy packs of fake maple leaves on Amazon — which seems depressing, although they're definitely more sturdy (and reusable).

Once you've obtained your leaves, you'll want to string them together. The easiest way to do this is with a needle and thread (you'll want to use fairly thick string and a large needle), making one stitch in the bottom center of each leaf. Then you can hang the garland over your doorway, drape across your fireplace mantle if you have one of those, place it as a kitchen table runner, and more!

### Pinecones as dinner-party decor

Last but not least, there's a lot you can do with pinecones, our favorite conifer collectibles. These are great because they stand up all on their own and look pretty elegant. Spray paint them in metallic colors for a festive centerpiece, or do just the tips, painting them ombre-style. They also work great as place-card holders for a dinner party.



INSTAGRAM/  
@SOUTHERNESSENTIALS



New York Islanders captain John Tavares has been the hottest hockey player on the planet with eight goals in his last four games, including a pair of hat tricks last week. He's up to 11 goals on the season. GETTY IMAGES

# Isles laying foundation for postseason after strong October

After the 2017-18 NHL season's opening month, the Islanders are in contention.



JOE PANTORNO  
@JoePantorno  
joseph.pantorno@metro.us

For the hockey fans out there who think October games aren't important, let me take a moment to remind you of what happened to the New York Islanders last season.

After making it to the second round of the Eastern Conference playoffs for the first time since the 1992-93 season, New York began the 2016-17 campaign under then-head coach Jack Capuano absolutely flat.

In the first month of the season, a broken-looking unit went just 4-5-0 to usher in a dreadful November that saw

them go 2-5-4.

It put them in what looked like an insurmountable hole that led to the firing of Capuano in January and forced assistant coach Doug Weight to take over behind the bench as the interim head coach.

Something clicked, the Islanders rallied and somehow were in the playoff conversation during the season's final weeks. But a late six-game winning streak still was not enough for the team to make a third-straight playoff appearance as they fell just one point short of the postseason.

A better stretch in October or November and the Islanders would have been in.

Weight saw the interim label removed during the offseason and was given the responsibility of navigating the Islanders toward contention

within a difficult Metropolitan Division that features the defending-champion Pittsburgh Penguins, the strong Columbus Blue Jackets and the Alex Ovechkin-led Washington Capitals. It was understandable why many tabbed the Islanders to miss the playoffs for a second-straight year.

Don't look now, but the Islanders are contending during the early parts of this season.

After 12 games, the Islanders are 7-4-1, good for third in the Metropolitan behind the surprising New Jersey Devils and Blue Jackets. They quickly turned around a 1-2-1 start by recording wins in six of their final eight games of October, accruing 15 points in the process, their last couple coming in a 6-3 victory over the red-hot Vegas Golden Knights on Monday night.

The Islanders did not record their 15th point last season until a Nov. 22 shootout win over the Anaheim Ducks.

"It's good," Weight said of his team's start. "I think we've fought hard...hopefully, we've learned a little bit along the way here."

"We knew we needed to get off to a better start this year," forward Andrew Ladd said. "I just like that there's no panic. Obviously, we had a few tough games early on in the year. But I think we were confident in our group and what we can do here and how we can play."

Much of their success this season has to do with the reunion of John Tavares and Josh Bailey on the first line after the newly-acquired Jordan Eberle wasn't able to generate much through.

Bailey is on a seven-game point streak —

tops in the NHL — which was extended with three assists against the Golden Knights.

Tavares has been an unstoppable goal scorer with eight in his last four games.

He became the first Islander since Ziggy Palffy in 1996 to record two hat tricks in a three-game span last week against the Arizona Coyotes and Nashville Predators. The captain was also the first Islander to record 10 goals by the end of October since Mark Parrish in 2001. His 11 goals this year, including two on Monday, ranks second in the NHL behind Nikita Kucherov of the Tampa Bay Lightning.

"Sometimes, the chances you get, they start going in," Tavares said. "It breeds some confidence and it just changes the narrative a little bit."

He gave a lot of the credit for his success to Bailey.

"Josh is a heck of a player," Tavares said. "He doesn't get enough credit not only with his offensive ability, which is flourishing but his all-around game... To win games and be a successful team, you need guys like Josh... It's been a lot of fun to play with him."

Lost in the shuffle has been their linemate, winger Anders Lee, who has a six-game point streak of his own with four goals and six assists. With the way they're playing, it looks like the solution for Tavares' perfect match on the first line was staring the Islanders in the face all along.

Of course, there is a long, long way to go this season for things to change. But things are trending up in Brooklyn at the moment.

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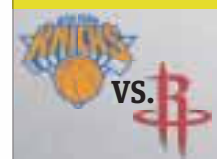
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212-457-7751 or email  
peter.blankenstein@  
metro.us



## Are you a smoker or an ex-smoker?



Or maybe you've been told that you have COPD. If so, you might be eligible to participate in a study that involves two study visits during which a blood draw and bronchoscopy will be performed. You must be between 18-70 years old; and have smoked for more than 15 years. You will be compensated for your time. For more info: contact the Clinical Research Center at: 347-380-3042.

### CAREER TRAINING



## JOBS

**We Train & Place!**  
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- PCT • HHA • CNA
- MED Billing/Coding
- M.A • Pharmacy Tech
- EKG/Phlebotomy Tech
- Fashion Designing
- Media concepts: Audio • Video
- Solar Tech
- SAP

US Vets  
Call  
Now

**FREE TRAINING IF QUALIFIED**  
**Students Visas @ Low Cost**

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY  
**WWW.ACCESSQUEENS.COM**

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**BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS**

**1(800) 220-5494 or (718) 205-0557**

pestcontrolschoolny.com | pestmanagementsciences@yahoo.com  
Call or Text #917.653.0319

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**Upgrade to CNA/PCT!**

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Nursing Assistant (CNA)  
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Medical Assistant  
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\* Licensed by NYSED  
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**Access Careers**  
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Slow learner? Long time out  
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Assistance \$14.09/per hr  
All benefits included  
**Call #718.349.8003**

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### JOBS

Education

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If you're 18 or older you can complete  
your high school education at home  
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Liberty H.S. Brattleboro, Vt.

### JOBS

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## HOME HELPER WANTED

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help elderly friends & family  
members for great pay!

**646-799-6062**

**646-660-0530 | 646-832-7647**

or visit us at: 110 West 34th St.  
Suite 1207 Manhattan, M-F, 10-5



### Volunteering is Ageless

Learn why organizations want you and how to get started!

Volunteers of All Ages Needed

**Thursday, November 16, 2017**

**2:30pm-4:00pm**

**Rutgers Presbyterian Church**

**236 West 73rd Street**

(Subway 1, 2, 3 to 72nd St; one block north)

(Bus-cross town M72, to B'way, one block north)

**Admission is FREE!**

**Light Refreshments**

**RSVP to reserve your place**

**212 889-4805 or www.volunteer-referral.org**

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Corporate, Residential,  
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### LEGAL NOTICES

**NOTICE IS HEREBY GIVEN**  
that a license, Number Pending, for On Premise Liquor has been applied for by the undersigned to sell Liquor, Wine & Beer at retail in a Restaurant under the Alcoholic Beverage Control Law at 341 E. 9th St., West Side, New York, NY 10003. New York County, for on-premises consumption. The Immigrant Tap Room Inc.

**metroCLASSIFIEDS**  
To place an ad call 866-900-9473

### LEGAL NOTICES

**NOTICE IS HEREBY GIVEN,**  
PURSUANT TO LAW, that the NYC Department of Consumer Affairs will hold a Public Hearing on Wednesday November 29, 2017 At 2:00 p.m. at 42 Broadway, 5th floor on a petition for R G Bar G LLC to New, maintain, and operate an unenclosed sidewalk cafe at 242 Himrod St. in the Borough of Brooklyn for a term of two years.

REQUEST FOR COPIES OF THE PROPOSED REVOCABLE CONSENT AGREEMENT MAY BE ADDRESSED TO: DEPARTMENT OF CONSUMER AFFAIRS, ATTN: FOIL OFFICER, 42 BROADWAY, NEW YORK, NY 10004

### LEGAL NOTICES

#### NOTICE OF SALE

SUPREME COURT:  
QUEENS COUNTY  
FREEDOM MORTGAGE CORPORATION;  
Plaintiff (s) vs. SWAPNA SHARMA;  
et al; Defendant (s)  
Attorney (s) for Plaintiff (s):  
ROSICKI, ROSICKI & ASSOCIATES, P.C.,  
2 Summit Court, Suite 301,  
Fishkill, New York, 12524,  
845.897.1600  
Pursuant to judgment of foreclosure  
and sale granted herein on or about  
June 28, 2017, I will sell at Public  
Auction to the highest bidder at  
the QUEENS COUNTY SUPREME  
COURT, located at 88-11 SUTPHIN  
BOULEVARD, JAMAICA, NEW YORK,  
IN COURTROOM #25.  
On November 17, 2017 at 10:00 am.  
Premises known as 87-72 112TH  
STREET, RICHMOND HILL, NY 11418.  
Block: 9301 Lot: 72  
ALL that certain plot, piece or parcel  
of land, situate, lying and being in the  
City and State of New York, County  
of Queens, and more particularly  
bounded and described as follows,  
"Map of Clarenceville situated on  
Brooklyn and Jamaica Plan Road and  
Railroad, Town of Jamaica, Queens  
County, New York, property of Jacob  
Pacare, surveyed by Martin Johnson  
January 1853 and which was filed  
09-07-1853 and known as Lot 366.  
As more particularly described in the  
judgment of foreclosure and sale.  
Sold subject to all of the terms and  
conditions contained in said judgment  
and terms of sale. Approximate  
amount of judgment \$485,869.04  
plus interest and costs.  
INDEX NO. 7407/12  
Mitchell L. Kaufman, Esq., Referee

**NOTICE IS HEREBY GIVEN**  
that a license, Number Pending, for On  
Premise Liquor has been applied for by  
the undersigned to sell Liquor, Wine,  
Beer & Cider at retail under the Alcoholic  
Beverage Control Law at 777 8th Ave.,  
2nd Floor, New York, NY 10036. New York  
County, for on-premises consumption.  
777 Theatre Inc. d/b/a Roy Arias Stages

#### NOTICE OF SALE

SUPREME COURT:  
QUEENS COUNTY  
DEUTSCHE BANK NATIONAL  
TRUST COMPANY, AS  
TRUSTEE ON BEHALF OF  
THE HOLDERS OF THE  
TERWIN MORTGAGE  
TRUST 2006-9HGA, ASSET-  
BACKED CERTIFICATES,  
TMTS SERIES 2006-9HGA,  
WITHOUT RECOURSE; Plaintiff(s)  
vs. MOHAMMAD KABIR;  
NURUNNAHAR A. SHIMUL;  
et al; Defendant(s)  
Attorney (s) for Plaintiff (s):  
ROSICKI, ROSICKI &  
ASSOCIATES, P.C.,  
2 Summit Court, Suite 301,  
Fishkill, New York, 12524,  
845.897.1600  
Pursuant to judgment of  
foreclosure and sale granted  
herein on or about  
November 21, 2016, I will sell at  
Public Auction to the highest  
bidder at the Queens County  
Supreme Court, located at  
88-11 Sutphin Boulevard,  
Jamaica, New York, in Court  
Room #25. On December 1,  
2017 at 10:00 am. Premises  
known as 113-32 Colfax Street,  
Queens Village, NY 11429  
Block: 11006 Lot: 30  
ALL that certain plot, piece or  
parcel of land, with the buildings  
and improvements thereon  
erected, situate, lying and  
being in the Fourth Ward of  
the Borough and County of  
Queens, City and State of  
New York. As more particularly  
described in the judgment of  
foreclosure and sale.  
Sold subject to all of the terms  
and conditions contained in  
said judgment and terms of  
sale. Approximate amount of  
judgment \$496,981.84 plus  
interest and costs.  
INDEX NO. 13114/08  
Richard M. Gutierrez, Esq.,  
Referee

### REAL ESTATE

Rooms for Rent

#### All Manhattan/Bronx



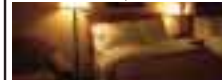
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In Today! All utilities Inc.  
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Call Us Now: (212) 368-2685

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Private Entry Bath Cooking  
1 Person/2 Person \$125/wk/up room rentals  
Studios \$900/up  
**212-210-0921**

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**Absolute Yes! SAME DAY**

**!CASH PAID!**

**\$45 AcuChek 100/Smartview100**

**888-415-0796 instant!**  
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**224 w 116 st, M-F, 2-4 p**  
**or mail in B,C,2,3 trains**

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She has over 40 yrs exp. She will know the causes of your problems without asking any questions & know how to solve them. removal of negative energies, reuniting couples, stop divorce, cure sickness, help children, couples, bring success to business, jobs, exams, etc.

Anna cannot help you do one thing. She is superior to all others. She is one of the only certified Spiritual Healers.

**Reading by Phone First Reading Free**



#### MARRIED COUPLE

Someone had wished I wouldn't marry the man I love... Thanks to Anna we are now happily married!

#### FAMILY

My loved ones married for 40 years and had no children. Thanks to Anna we now have five healthy kids.



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Our husband was cheating, we had no hope until my husband called Anna for help. A few days later we started to see amazing results!



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### Mr. SAIDOU

International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business

Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.

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[www.spiritualsaidou.com](http://www.spiritualsaidou.com)

132nd Street, 7th Ave., Manhattan, NY

### WORLD FAMOUS INDIAN PALMIST & SPIRITUALIST



PANDITH: RAVI SHANKAR GURUJI

MEET ONCE 100% EXPERT PANDITH

EXPERT IN REMOVING PROBLEM LIKE Health, Depression & Blockage, Enemy Problems, Jealousy, Sexual Problems, Business Problems, Money Problem, Childless Couples, Worried About Loved Ones



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**347-553-1494**

103-42 LEFFERTS BLVD. RICHMOND HILL, NY 11419

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DEADLINE: 2 BUSINESS DAYS PRIOR TO PUBLICATION AT 4 PM.

### INDIAN ASTROLOGER & PSYCHIC READER

Most Powerful PANDIT: VIKRAM RAJ



IF YOU HAVE PROBLEMS, I HAVE SOLUTIONS.

100% Removal of Black Magic, Bad Luck, Voodoo, Obeah, Witch Craft Know Your Past, Present & Future



Specialized in bringing loved ones back Vedic Solutions Available for:

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- EVIL SPIRITS
- BAD LUCK
- REUNITE LOVERS
- STOP DIVORCE
- DEPRESSION
- BUSINESS
- WORK PROBLEMS
- FINANCIAL PROBLEMS
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- COURT CASES
- DRINKING PROBLEMS
- HEALTH PROTECTION
- CHILDLESS COUPLES
- SEXUAL PROBLEMS

CALL FOR APPOINTMENT PRIVATE & CONFIDENTIAL

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104-14 118th Street, Liberty Ave. S. Richmond Hill, NY 11419 (private house)

### SHEIKH MOONIR RENOWNED AFRICAN ADVISOR, PSYCHIC & SPIRITUALIST.

Mr. Moonir has the key for all your problems: love master, bring back loved ones, black magic specialist: voodoo & jadoo, release from spell, protection, luck issues, business, court cases, exams, impotency, etc...



Results guaranteed in 72 hours by 125th Street Manhattan Train A, B, C, D. Call for appt **9178854890**

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PANDITH: SIDDHARTH REMOVE & DESTROYS

BLACK MAGIC, EVIL SPIRITS, BAD CURSE, VODOO, OBEAH, BAD LUCK, JEALOUSY, BLOCKAGE & ALL EVILS

GIVES PROTECTION FOR HOUSE & JOB

Solves Problem: Health, Money Job, Business, Love, Marriage, Depression, Family & Children Problem, Enemies, Court Cases, Sexual, Negativity Etc...

GIVES UNBREAKABLE PROTECTIONS

SPECIALIZED IN BRINGING LOVED ONES BACK

100% GUARANTEED RESULTS FREE READING ON MONDAYS & SATURDAYS

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BY ANCESTORS POWERS.

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**LOVE GURU**



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**ONE VISIT & YOU WILL SEE RESULTS.**

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I can Help you in Problems: Marriage, Court case, Business, Depression, Bond Families, Stop Divorce, Stress Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy  
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**MASTER: SURYA KRISHNA**

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TO GET IMMEDIATE SOLUTIONS:

BLACK MAGIC, EVIL SPIRIT, WHITCH CRAFT, GENERATION COURSE, VODOO, OBEAH, ETC...



RESULTS IN 3 to 6 DAYS

MASTER SOLVE PROBLEMS LIKE:

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113-14, LIBERTY AVE, S. RICHMOND, NY-11419 (OFFICE)



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Psychic & Astrologer

**Pandit: Swamy**

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Health, Education, Family, Job, Marriage, Divorce, Love, Children, Business, Promotion, Court Cases, Visa Problem, Husband Wife relationship, Lucky Numbers etc...

ALL RELIGIONS WELCOME  
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Removes Black Magic in 3 Days & Gives 100% Protection

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Opp to BURGER KING & POPPYED



### Across

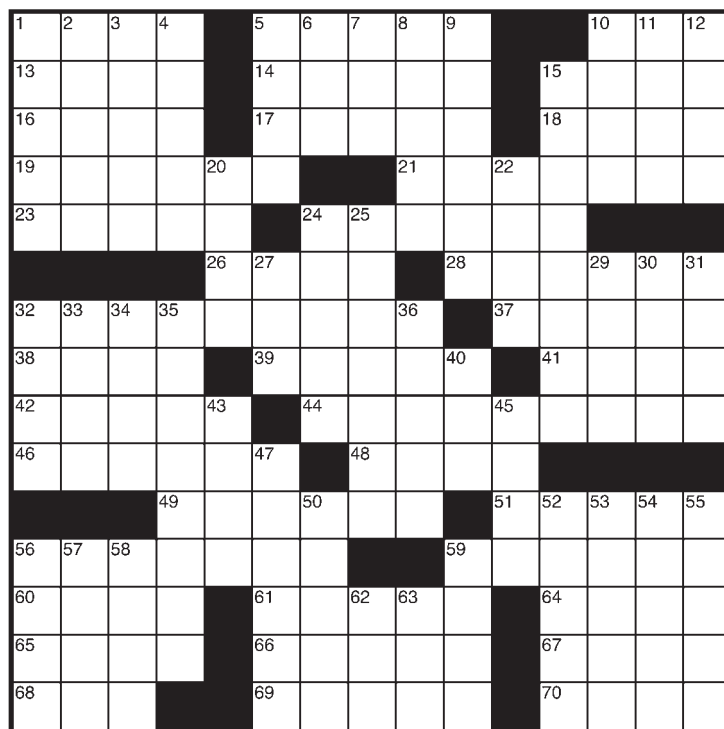
- 1 Quaint weapon
- 5 "Pull"
- 10 Tank
- 13 Singer -- Adams
- 14 San Diego pro
- 15 Brood
- 16 Lobby call
- 17 One-celled swimmer (var.)
- 18 River of northern France
- 19 Leather strips
- 21 Maroon
- 23 Steed
- 24 Canal site
- 26 Kitty's greeting
- 28 Did 18 holes
- 32 Deli sandwich filling (2 wds.)
- 37 Absurd
- 38 Monogram pt.
- 39 Did a fall chore
- 41 Red-tag event
- 42 Mottled bean
- 44 Sent into exile
- 46 Practices theft
- 48 Metric prefix
- 49 Posh
- 51 Allow
- 56 Transportation container
- 59 Indistinct
- 60 Anything that entices
- 61 Toy soldier (2 wds.)
- 64 Guy
- 65 Hound's track

### Down

- 1 Pool dimension
- 2 NW state
- 3 Severity
- 4 Laments loudly
- 5 No. crunchers
- 6 Go on the --
- 7 Tribute in verse
- 8 Not rural
- 9 Item to dunk (2 wds.)
- 10 Empty space
- 11 Lhasa --
- 12 Youthful one
- 15 Da Vinci masterpiece (2 wds.)
- 20 Sparklers

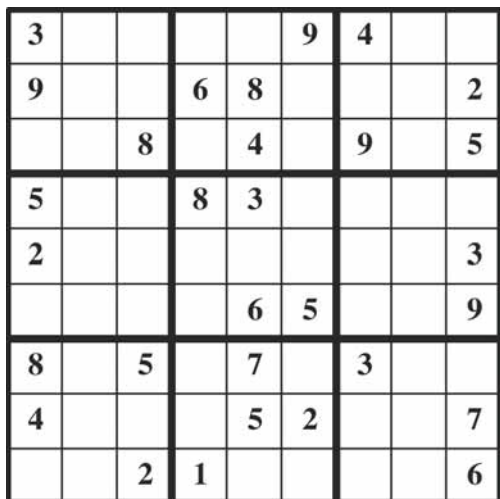
- 22 O.T. prophet
- 24 Of the Arctic
- 25 Stirs
- 27 Hoop site
- 29 Greenhouse tray
- 30 High-fashion mag
- 31 Changed hair color
- 32 Waiter's rewards
- 33 Single entity
- 34 WXYZ, on a phone
- 35 Assailant
- 36 Put off to a later time
- 40 Lair
- 43 Earthenware jar
- 45 Target
- 47 Grew weary
- 50 Trawler gear
- 52 Knocks down
- 53 Taj --
- 54 Up in arms
- 55 Did steno work
- 56 Fall softly
- 57 Honda rival
- 58 Farm yield
- 59 Poker stakes
- 62 Punch
- 63 Harvest Moon mo.

## metro.us/crossword

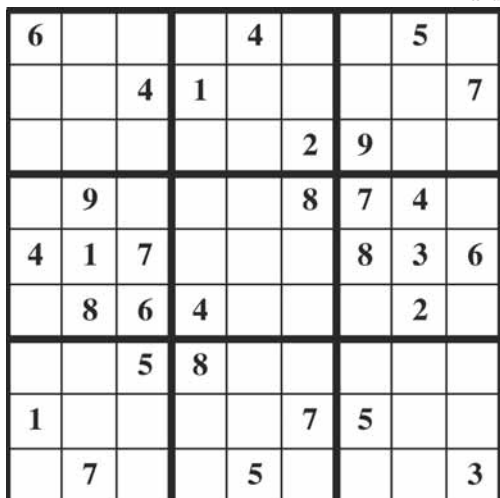


## metro.us/sudoku

easy



hard



## metro.us/horoscopes



**Aries** You'll feel anxious if someone doesn't pull his or her weight. Don't overreact to an issue that needs to be addressed calmly. Yelling will not solve the problem.



**Taurus** Someone you do business with or work alongside will pose a problem for you. Don't share information that you don't want spread around. Play it safe.



**Gemini** If you contribute to your community or a cause, you will reap the rewards. Take on a physical challenge with gusto to stand out as the person most likely to achieve.



**Cancer** Refuse to let partners push or pressure you. Emotional matters are best dealt with civilly. Refuse to let your personal problems disrupt your work.



**Leo** Experience what's going on in your community. Knowledge and understanding will be key to fixing what isn't going your way. Change begins within.



**Virgo** Check into moneymaking opportunities. Your unique input will help you gain respect and allow you more leverage to do your own thing.



**Libra** Show how passionate you can be about whatever job or responsibility you are given. Your enthusiasm will put you in a good position when an interesting opportunity arises.



**Scorpio** Don't take on more than you can handle. It's important to stick to the path that will bring you the highest rewards. It's OK to be selfish once in a while.



**Sagittarius** Press on and get things done. The personal or business changes you make will affect your relationships as well as your lifestyle.



**Capricorn** Stick to basics and keep things running smoothly. Getting together with someone who could disrupt your current personal situation isn't worth it.



**Aquarius** Money matters can aggravate a situation if you or someone else doesn't handle joint funds properly or if you are overcharged.



**Pisces** Stay calm, no matter what. Reject anyone using emotional manipulation or persuasive tactics in an attempt to separate you from your hard-earned cash. **EUGENIA LAST**

Yesterday's answers									
ELSA	VEAL	EGRET							
WORM	ULNA	MAORI							
ESTA	LATS	PRONE							
REALIGN	THINKER								
GRADE	ARI								
REPAIR	ASSESSED								
ATOMS	BRUT	HIVE							
PUP	HOLLIES	LEA							
IDEAL	LAIT	THORN							
DESCRIBE	FEASTS								
CIVIL	RARER								
STRUDEL	BIRD	DOG							
THESE	AGOG	TETE							
OATER	MIDI	OMIT							
PIERS	AGED	PISA							

Can't wait until tomorrow to check your answers? Visit [metro.us](http://metro.us)



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